



**The Hon Tony Abbott MHR**  
**Leader of the Opposition**  
**Federal Member for Warringah**

Message from the Leader of the Opposition, the Hon Tony Abbott MHR

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**POSITIVE UPLIFTING NEWS NETWORK (PUNNKY)**  
**World High Five Day**

I am pleased to join with other members of our community in marking World High Five Day in Australia, as part of the worldwide goal to reach 1 million high fives.

As day-to-day responsibilities and pressures increase – and we find ourselves busy with work, family or other commitments – it can be hard to find time to enjoy the simple things in life. I congratulate everyone involved with Punnky and World High Five Day for reminding us all to take a moment out of our busy lives and to smile.

I encourage people, especially young people, to get involved with World High Five Day and to use this time to reflect on the blessings in their lives.

Yours sincerely

TONY ABBOTT

11 December 2012